



# PRINCESS SARAH CULBERSON

Sierra Leone Princess | Author | Humanitarian |

Keynote and TEDx Speaker



**WHAT FILLS YOUR TANK?**





**Better  
Together**





**Better  
Together**





**Better  
Together**



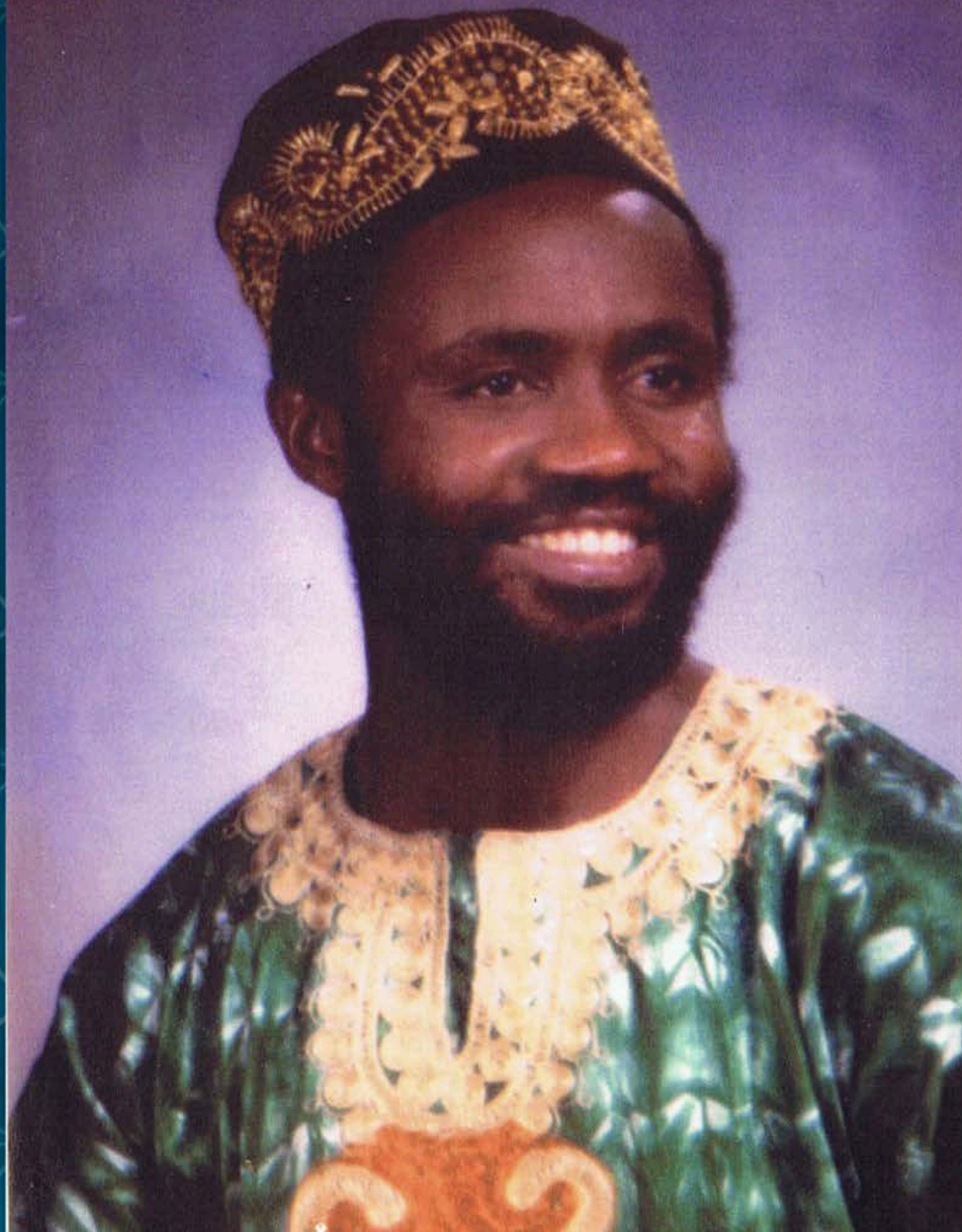


**Better  
Together**



**Better  
Together**





**Better  
Together**





**“The greatest problem with communication is  
we don’t listen to understand.  
We listen to reply. When we listen with curiosity,  
we don’t listen with the intent to reply.  
We listen for what’s behind the words.”**

**- Roy T. Bennett**

**Better  
Together**



# WHAT IS YOUR SUPERPOWER ?











**Better  
Together**





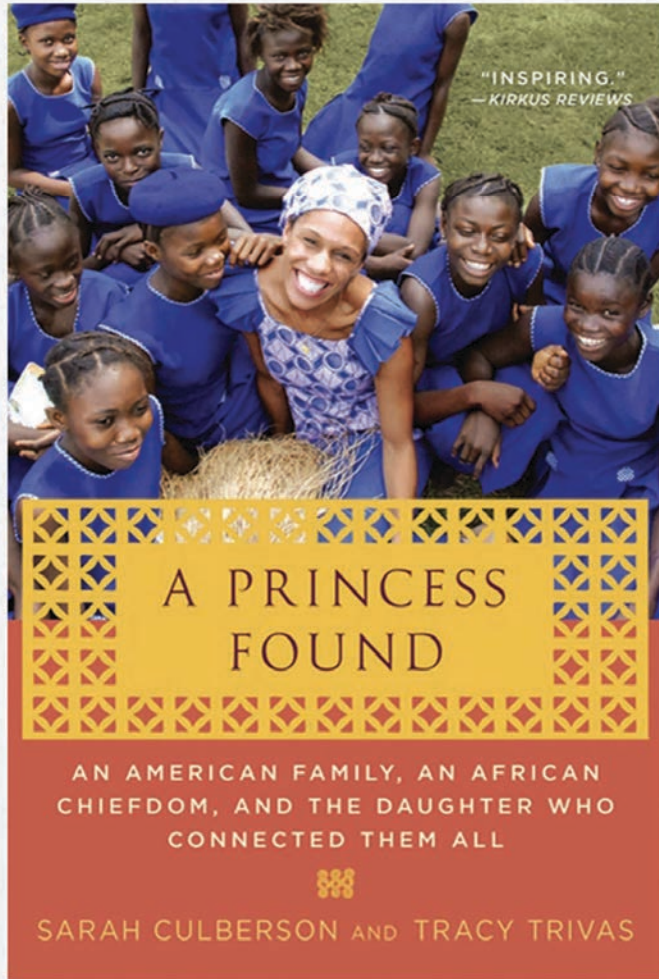
**Better  
Together**







# A Princess Found



VOTED A BEST ADULT BOOK FOR HIGH SCHOOL STUDENTS  
BY SCHOOL LIBRARY JOURNAL

SARAH CULBERSON was adopted one year after her birth by a white West Virginian couple and was raised in the United States with little knowledge of her ancestry. Though raised in a loving family, Sarah wanted to know more about the birth parents who had given her up. In 2004, she hired a private investigator to track down her biological father. When she began her search, she never imagined what she would discover or where that information would lead her: she was related to African royalty, a ruling Mende family in Sierra Leone, and she was considered a *mahalo*, the child of a Paramount Chief, with the status of a princess. What followed was an unforgettable emotional journey of discovery of herself, a father she never knew, and the spirit of a war-torn nation. *A Princess Found* is a powerful, intimate revelation of her quest across the world to learn of the chieftom she could one day call her own.



ROB LOCKETT

SARAH CULBERSON grew up in Morgantown, West Virginia. She attended West Virginia University, where she earned a B.A. in theater. She graduated from the American Conservatory Theatre in San Francisco with a master's in fine arts and joined the Los Angeles acting community. Sarah has been seen acting on the stage as well as in TV and films. She has also danced with a professional salsa dance company called Conta-Tiempo. As president of the Kposowa Foundation in Los Angeles, she and many others head up fund-raising with the goal of improving education for young people and rebuilding Sierra Leone. She lives in Los Angeles.

You can learn more at [www.aprincessfound.com](http://www.aprincessfound.com).

TRACY TRIVAS, a graduate of Dartmouth College, won a Dartmouth Graduate Fellowship to study Victorian literature at Oxford University, England. She received her master's degree in English from Middlebury College. Tracy is also the author of the middle-grade fiction book *The Wish Stealers*. She lives in California with her family.



MICHAEL RANVILLE

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# Takeaway Questions

How can you help lift the voices of others and have them be heard?

What are some ways you can step out of your comfort zone this year?

How can you make yourself more approachable in the workplace?





**Stay in Touch!**



**Text Me!**  
**(310) 421-0825**



**SarahCulberson.com**  
**SierraLeoneRising.org**



**@iamPrincessSC**